

Keota Community School District Breakfast Menu

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

-MENU SUBJECT TO CHANGE-

February 2021

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 Cereal String Cheese Sliced Pears Juice Choice Milk Choice	2 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	3 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	4 Pastry Fresh Mixed Fruit Juice Choice Milk Choice	5 Ultimate Breakfast Cookie Apple Wedges Juice Choice Milk Choice
8 Cereal String Cheese Sliced Pears Juice Choice Milk Choice	9 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	10 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	11 Cheese Omelet Toast & Jelly Mixed Fruit Juice Choice Milk Choice	12 Breakfast Cookie Orange Wedges Juice Choice Milk Choice
15 No School	16 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	17 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	18 Pastry Fresh Mixed Fruit Juice Choice Milk Choice	19 Ultimate Breakfast Cookie Apple Wedges Juice Choice Milk Choice
22 Cereal String Cheese Sliced Pears Juice Choice Milk Choice	23 Sausage Breakfast Sandwich Sliced Peaches Juice Choice Milk Choice	24 Breakfast Pizza Tropical Fruit Juice Choice Milk Choice	25 Cheese Omelet Toast & Jelly Mixed Fruit Juice Choice Milk Choice	26 Breakfast Cookie Orange Wedges Juice Choice Milk Choice

* JUICE CHOICES: APPLE OR ORANGE

** MILK CHOICES: 1% WHITE OR SKIM CHOCOLATE

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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 Pig in Blanket Potato Wedge Broccoli w/ Cheese Apple Wedges 100% Juice Cup	2 Hamburger on a Bun Romaine Lettuce & Tomato Sweet Potato Fries Fruit Cocktail Muffin	3 Spaghetti w/ Meat Sauce Garden Spinach Salad Peas French Garlic Bread Grapes	4 Fish on a Bun Tater Tots Green Beans Orange Wedges	5 Sloppy Joe on a Bun Whole Grain Chips Sweet Potato Puffs Baked Beans Pineapple Tidbits
8 Mini Corn Dogs Garden Spinach Salad Cucumbers Apple Wedges	9 Turkey & Cheese Sub Romaine Lettuce & Tomato French Fries Slice Peaches Graham Snacks (9-12)	10 Chicken Patty on a Bun Tri-Tater Baked Beans Orange Wedges	11 Macaroni & Cheese Meat Balls Corn Baby Carrots Whole Wheat Bread & Jelly Strawberries	12 Pizza Tossed Salad w/ Romaine Garlic Bread Stick w/ Marinara Sauce Fresh Banana
15 No School	16 Pork Rib on a Bun Dark Green Leaf Lettuce & Tomato Sweet Potato Puffs Green Beans Apple Wedges	17 Shrimp Poppers Tri-Tater Baked Beans Bread Sticks Pears	18 Chicken Nuggets Mash Potato & Gravy Green Peppers Wheat Roll & Jelly Pineapple	19 Omelette French Toast Sticks Steamed Carrots Apple Sause
22 Pig in Blanket Potato Wedge Broccoli w/ Cheese Apple Wedges 100% Juice Cup	23 Hamburger on a Bun Romaine Lettuce & Tomato Sweet Potato Fries Fruit Cocktail Muffin	24 Spaghetti w/ Meat Sauce Garden Spinach Salad Peas French Garlic Bread Grapes	25 Sloppy Joe on a Bun Whole Grain Chips Sweet Potato Puffs Baked Beans Pineapple Tidbits	26 Fish on a Bun Tater Tots Green Beans Orange Wedges

* FRUIT CHOICE EVERYDAY (9-12)

** REDUCED FAT DRESSING OFFERED WITH SALADS AND VEGETABLES

*** MILK CHOICES: 1% WHITE, SKIM WHITE, AND SKIM CHOCOLATE