

Athlete of the Week

BY CADEN SPROUSE
THE EAGLE'S WING



Ava Greiner

This week's Athlete of the Week is Ava Greiner. Ava is a sophomore at KHS and she is looking forward to getting the 2022-2023 volleyball season going. They have played a few games and tournaments, but conference play is just getting going. Ava can be seen as the libero on the varsity team and as an outside hitter on the JV team.

Ava is looking to improve as an individual and as a team. She really wants to improve her blocking, hitting, and commit less errors. These are all vital skills to improve because they will help her do her part to help the team. Ava believes that to make a great team, everyone has to do their part in communicating, control, understanding of the game, and effort. Ava believes the team will continue to improve by putting in the work in practice.

Ava really enjoys volleyball because of the energy that is in the sport. Ava's personal goal this season is to perfect her serving and complete more blocks and digs. Ava's team goal is to win a majority of the games, but mainly to improve after every game, no matter if it is a win or a loss, as long as they improved from the last game. Ava believes that "Practice makes progress and we need to practice how we play."

Keep up the great work Ava! We wish the best of luck to Ava and the rest of the KHS Volleyball team.

The Eagle's Wing

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JH VOLLEYBALL

BY CADEN SPROUSE, THE EAGLE'S WING



PHOTO BY SWANSON PHOTOGRAPHY

Pictured is the 2022 seventh grade volleyball team. From left to right, they are: (back row) Head Coach Jennifer Lathrop, Karley Greiner, Elyse Lyle, Aubrey Galindo, Assistant Coach Jon Overturf; (middle row) Marlee Greiner, Cameron Haifley, Ella Greiner; (front row) Halle Heisdorffer, Carmelita Cave, and Levin Sheetz.



PHOTO BY SWANSON PHOTOGRAPHY

Pictured is the 2022 eighth grade volleyball team. From left to right, they are: (back row) Head Coach Jennifer Lathrop, Lexus Detweiler, Brynn Conrad, Jaylah Redlinger, Assistant Coach Jon Overturf; (front row) Emily Conger, Isabelle Robison, Calli McCoid, and Maya Dalton.

JH FOOTBALL

Whip of the Week

BY KOTA HAMMEN
THE EAGLE'S WING



Evan Vittetoe

This week's Whip of the Week is Evan Vittetoe's 2013 GMC 2500 HD pickup truck. Evan purchased this vehicle this summer, previously owned by Vittetoe Incorporated. Evan has only owned one vehicle prior to this one, so he was very excited for an upgrade. When asked how much he paid for this truck, he simply stated, "Enough." What a humble guy. This beauty is a luscious pristine white shade and runs an optimum 11 miles per gallon. It is also fitted with a 6.0L V8 engine. This stallion of a motor vehicle has a total of 104,500 traveled miles. Evan says most of these miles have been spent either traveling to school or his family farm. Evan also noted his most frequent passenger is his younger brother, Jackson Vittetoe. But one passenger is not all Evan can fit in his truck, as his GMC can fit up to six passengers at a time! Evan's best memories with his pickup are driving around and listening to music and just relaxing, enjoying the open road. When listening to his radio in his car, his presets are set to 98.1, 96.5, 102.9, and 99.1. When asked what he liked most about his car, Evan said "It looks cool and can be used for work." Lastly, when asked if he could name his car, he said he would call it "White Lightning." His reasoning for this was because "The truck is white and fast." This is ironic because when asked to name the truck's top speed he stated 55 miles per hour.

Now it's time for the people to decide. Is Evan's 2013 GMC 2500 worthy of being Whip of the Week, or did we make a mistake? What do y'all think?



PHOTO BY STUTZMAN PHOTOGRAPHY

BY COLE KINDRED, THE EAGLE'S WING

Pictured is the 2022-23 Sigourney-Keota Cobra seventh grade football team. From left to right, they are: (back row) Jackson Khali, Jordan Jackson, Aiden Davison, Hunter Sellers; (row 2) Graham Moore, Blake Brown, Nolan Anderson, Cason Kerr, Kael Starbuck, Cooper Moore; (row 3) Levi Jaeger, Carson Davis, Tyson Osweiler, Blake Baker, Aidan Griener, Lance Waldon, (front row) Landon Fisch, Nikolai Krier, Dillon Menke, Keegan Clarke, Dayne Chittick, Aathan Kitzman, and Jordan Tremmel. The team is led by Head Coach Alan Sellers and assisted by Bruce Hahn, Tony Baughman, Peyton Leathers, and Dan Stout.

New after school program at Keota

BY COLE KINDRED, THE EAGLE'S WING

Keota High School has introduced a new after school program for kids to participate in at the end of the school day.

The program is held in the elementary and goes from the end of school until 6:00 pm. The program will have games and activities for kids attending to have fun while they are there.

The after school program is led by Hannah Myers, Chrissy Miller, and Lakin Miller. Program associate Chrissy Miller says, "The purpose of the program is a

service to the community. We do charge a fee. During this time we have snacks, free play, homework center, story time center, recess, and on early dismissal Wednesday we partner with Wilson Memorial Library for their after school program."

There are also Keota High School student volunteers helping out with the program. These volunteers are paid \$8 an hour. There are currently 22 participating students, and the program is accepting more.



PHOTO BY STUTZMAN PHOTOGRAPHY

BY CONNER STRAND, THE EAGLE'S WING

Pictured is the 2022-23 Sigourney-Keota Cobra eighth grade football team. From left to right, they are: (back row) Ike Molyneux, Tucker Sprouse, Aiden Knepper, Ayden Galindo, Liam Peterson, Cooper Strand, Payton Baughman; (row 2) Carson O'Rourke, Emerson Swantz, Rex Flynn, Will Klein, Landon Conrad, Owen Clark, Chase Clarahan, Lincoln Power; (front row) Hayden Bensmiller, Jack Greiner, Porter Cave, Klay Wehr, Brennan McGuire, and Yuan Marsigin. The team is led by Head Coach Alan Sellers and assisted by Bruce Hahn, Dan Stout, Tony Baughman, and Payton Leathers.

Go GoGuardian!

BY JOCELYN PURKEYPIL, THE EAGLE'S WING

GoGuardian is one of the new online additions to Keota High School this year. According to goguardian.com, "GoGuardian Teacher allows teachers to monitor individual student's progress, keep them on track, and customize study, work, and testing environments to maximize learning time and minimize distractions."

This program monitors students and has the ability to block websites, make teachers aware if a student is looking up something worrying, and allows teachers to see if students are off task. This program also allows teachers to lockdown student's browsers during a test. At many schools, this program has been up and running for a while. Mrs. Conrad, Mr. Henrich, and Mrs. Donald are the three staff members who are spearheading this program.

"The process of getting everything

up and running has been a learning process," said Mrs. Conrad. Some of the sites that students need to use have been blocked, such as YouTube, Pinterest, Blackboard, and other sites that classes need their students to use. Another issue is that many of the students aren't showing up on their teacher's screens when they are teaching their classes. The problem seems to be mainly with the high school student's laptops, as the junior high Chromebooks are working just as expected.

Mrs. Conrad states, "This program has many benefits and we know we will get all the issues worked out as we continue to learn how to troubleshoot things. As with anything new, it is a learning experience, but I think it's going to be a great tool once we get all the kinks worked out."

QUESTION OF THE WEEK: What is the greatest invention of all time and why?

By Conner Strand



Mr. Weeks
Staff
"Agriculture, because we wouldn't be here without it."



Aidan Anderson
Senior
"Phones, because I do everything on it."



Evan Vittetoe
Junior
"Insulin, because I have diabetes."



Billie Kindred
Sophomore
"Tailormade stealth drive, because I hit bombs with it."



Jackson Vittetoe
Freshman
"Punting, because Iowa would be worse without it."



Brennan McGuire
8th grade
"Golf, because it's fun but complicated."



Tyson Osweiler
7th grade
"Light bulbs, so we can see in the dark."